

[Library ebook] Making Soap from Scratch: The Complete Beginner's Guide to Natural Handmade Soaps by Vautier, Summer (2013) Paperback

## **Making Soap from Scratch: The Complete Beginner's Guide to Natural Handmade Soaps by Vautier, Summer (2013) Paperback**

*From Thrive Press*

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**From Thrive Press : Making Soap from Scratch: The Complete Beginner's Guide to Natural Handmade Soaps by Vautier, Summer (2013) Paperback** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Making Soap from Scratch: The Complete Beginner's Guide to Natural Handmade Soaps by Vautier, Summer (2013) Paperback:

17 of 18 people found the following review helpful. Great resource for a newbie like me; however...By ManangKI started making CP soaps last June, and have been using buttermilk or yogurt or tomato juice as my water base. I have learned through trial and error using my own recipes I formulated using soapcalc after reading several books (I rarely use a recipe in the books). One particular error was insulating my soap loaf (or individual bar molds) after pouring, not realizing that milk proteins and heat = browning. This book has that emphasized early on. It is easy to read and the instructions are easy to follow, and I find the recipes interesting, particularly that the author makes use of not only distilled water, but also coconut milk, goat's milk, and pureed veggies. I also have been on the lookout for recipes for shaving soap with bentonite clay, and this one has it, with the recipe being quite close in the ingredients I used in my own shaving soap (minus the bentonite clay) that my husband loves. I am planning to modify my recipe to come close to There is a typo error, though, in that the lye for the shaving soap recipe seems off. I ran the ingredients in the lye calculator, and I am getting 344.73 g distilled water (author has 260.82 g, which is too far off; it would be a lye-heavy shaving soap). I would have appreciated the recipes better if the author included the percentages as well, including the

superfat percentage, and the lye concentration. Another thing is the recipe for spiced pumpkin (I am quite interested in it because the soap will be colored naturally by the pumpkin, and I am looking forward to making fall-themed soaps in the following weeks). There is no amount mentioned for the canned pumpkin puree. Although by now I have a pretty good idea of what temps work best for my soap making, it is reassuring to see the temps the author emphasizes for the recipes. I am not that strict, but I do shoot for minimal changes in temp during saponification and minimal differences between the oil temp and milk (buttermilk, yogurt) temps during the mixing, just because I am afraid for my soaps to turn too brown. I also like that she gives instructions for swirling, etc. in different types of molds. I can't comment on the HP process, as I have no interest in making HP soaps (will just turn my milk soaps too brown).

5 of 5 people found the following review helpful. Photos please  
By Pastells  
I wish this had photos of the soaps and the crafting involved. It would be nice to know what the soap actually looks like before making it. There are instructions on how to make swirls, and embeds but you have to use your imagination because there is only one photo for that, and it's black and white. Also has suggestions for how to package your soap...have to use your imagination for that too. There are precious few photos throughout the book, and they're all black and white and uninteresting. I gave this 3 stars because it does give you quite a few soap recipes. But if you are a visual learner, start with Heidi Corley Barto's book. I made a few loaves of soap with Ms. Barto's book and they all turned out nicely, and it gave me the confidence to branch out into formulating my own soap recipe.

0 of 0 people found the following review helpful. Wow  
By A Customer  
We've been wanting to learn about soap making for years. I've read several books and found this one to be the most thorough, yet really easy to follow. Appreciated even more when I got to the last page and saw that doTerra oils are Summers preferred oils. Thank you so much for taking the hesitancy away. My son and I made a batch each and found it very easy to follow. We made Wheat Grass w Spearmint Eucalyptus essential oils and Activated Charcoal with White Fir, Douglas Fir Cedarwood essential oils. Soaping is addictive! On to the next batch!