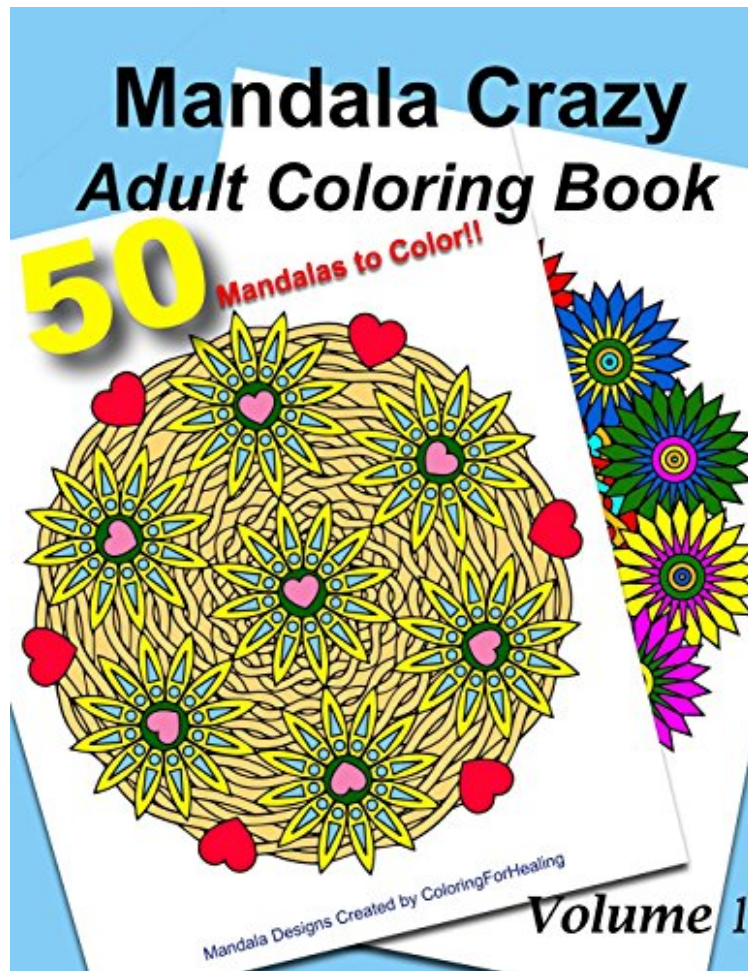


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Mandala Crazy Adult Coloring Book - Volume 1

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0 of 0 people found the following review helpful. Quick, easy and simple. By Robbi This book is very simplistic. The designs have little if any complexity. There are quite a few pages in this book and it may inspire you to enlarge the diameter of the mandalas. Each mandala measures approximately 5-6 inches across, centered in an 8 1/2 x 11 page. Quick, easy, and simple. A page could be colored in 10-15 minutes at the most. Very large open areas in most of them. A few have smaller patterns. This is not a book I would have bought if I had held it in my hands and looked through, but it's not terrible for the price. My 11 yo daughter likes it. 0 of 0 people found the following review helpful. Help to Heal By Connie O'Keefe Edwards One beautiful mandala after another, to help you heal. Whether it's physical, emotional, or mental.

5 1/2 to 6 inch Mandals with Wide borders for easy cutting (No need to destroy book!) to remove from book to frame, etc.. Large 8.5 inch X 11 inch Book 50 Mandala images ranging from easy to intricate designs. Only printed on one side per page. Coloring has been proven to reduce stress and promote healing for people of all ages, hence the brand name Coloring For Healing. Mandala Crazy Adult Coloring Book has 50 colouring designs at different levels of difficulty. Pick an easy design for those moments you don't want to spend a lot of time coloring or choose one of the more intricate designs if you have more time. Each design is printed on its own page so there's no need to worry about damaging another Mandala if any ink bleeds through. As with most coloring book pages, your markers may bleed through, so in order to protect the next page, please put another piece of blank paper or card stock behind the page you're coloring.