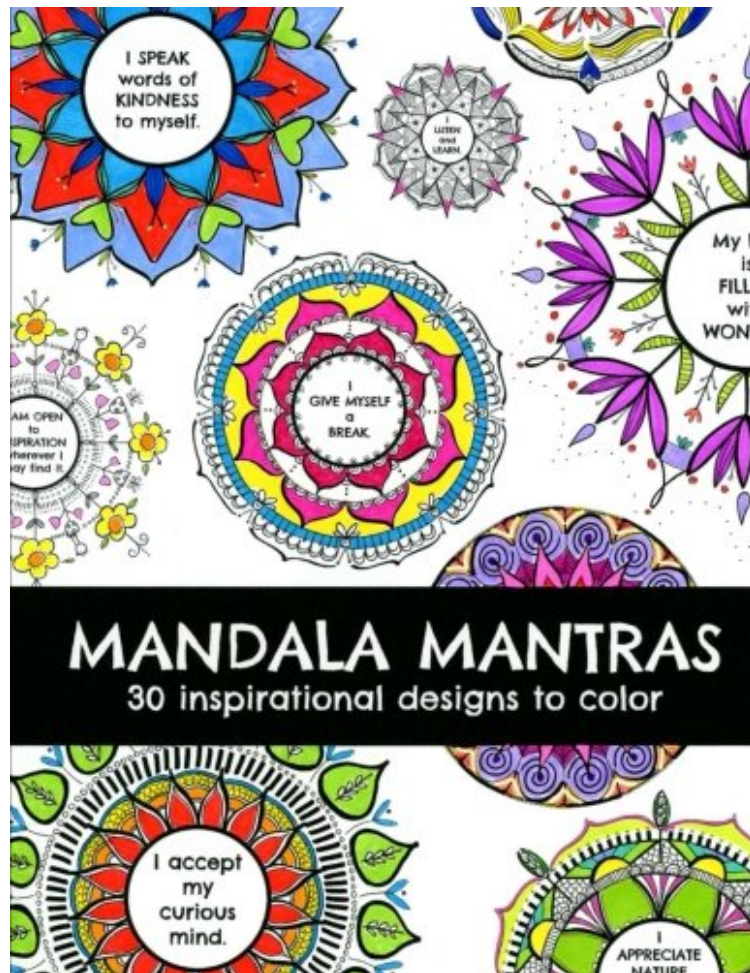


# Mandala Mantras: Coloring book

Stephanie M Ignazio

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**Stephanie M Ignazio : Mandala Mantras: Coloring book** before purchasing it in order to gage whether or not it would be worth my time, and all praised Mandala Mantras: Coloring book:

0 of 0 people found the following review helpful. Stephanie's intricate and detailed gorgeous mandalas and beautiful inspiring messages blend perfectly in this wonderful work of art. I can't decide which to color first. I'm glad I bought two, one for me to enjoy and another for a beloved friend. What an artist, what a gorgeous creation.0 of 0 people found the following review helpful. Great coloring book!By luvthesnowGreat coloring book! Nice family time. We colored then laminated them to hang. Wonderful!0 of 0 people found the following review helpful. Inspiring designsBy Mom785943Beautiful hand-drawn designs. Highly recommended!

Mandala Mantras is a coloring book created and illustrated by artist, Stephanie Ignazio. This inspirational coloring

book features 30 mandala mantras to color. Each page contains an inspirational mantra affirmation to repeat as you color for added stress relief! The mantras are easy to say with phrases like "I am powerful", "My energy is off the charts", "I give myself a break". Each whimsical illustration is on its own page with a blank back. The combination of coloring, inspiring affirmation and repetitive mandala design will surely be fun, relaxing and relieve your stress.

About the Author Stephanie Ignazio is an artist, illustrator and soulful encourager. A former art teacher for over 20 years, her professional life has been focused on creating, sharing, motivating and uplifting others with her teaching and her artwork. She is the owner of Hello beautiful soul, ([www.hellobeautifulsoul.com](http://www.hellobeautifulsoul.com)) a soul-filled business whose mission is to spread love, encouragement and positivity. You can find her in her colorful Massachusetts studio with glitter in her hair most days; drawing, doodling and making cute art. Stephanie holds a BFA from Massachusetts College of Art, a Masters Degree in Creative Arts in Learning from Lesley University as well as several teaching awards, but her most prized possession is her family.