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Marcus Aurelius Antoniiinus (121-80 A.D.) was a Roman emperor and a Stoic philosopher. His Meditations, many of which were written in his tent during the border wars or in the midst of public business, are fragments of the philosophy that ruled his life. He was an example of the true philosopher in that he lived according to his principles. Some questions discussed in the book are: Are you a slave to creature comforts? Are you ruled by your emotions or your reason? Is pleasure good and pain evil or does thinking make them so?