

My Secret: A PostSecret Book

Frank Warren

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#211463 in Books Unknown 2006-10-24 2006-10-24Original language:EnglishPDF # 1 10.25 x .64 x 7.50l, 1.47 #File Name: 0061196681144 pagesMy Secret: A PostSecret Book (Postsecret) | File size: 75.Mb

Frank Warren : My Secret: A PostSecret Book before purchasing it in order to gage whether or not it would be worth my time, and all praised My Secret: A PostSecret Book:

1 of 1 people found the following review helpful. A book I've kept on my shelf ever since I purchased it years agoBy Laura R.I first got into PostSecret when I was in High School. It reached out to me in a way that angsty teenagers can appreciate. I was feeling lonely, ostracized by my peers, frustrated with the system, and just down right rebellious. I purchased this book in 2007, and I still take it off the shelf from time to time. This book has followed me from both High School and College graduations, across 5 moves (and counting), and will likely continue to follow me throughout my life. It is inspiring, beautiful, moving, empowering, and depressing. It is a constant reminder that people have gone through worse and weirder than I have, and that there are even people that share some of my

secrets. I purchased this book and the "Secret Lives of Men and Women" book at the same time, and they have both been on my bookshelves for years. I come back to them when I'm feeling a certain kind of way, and sometimes I reap a cathartic experience or inspiration out of them. Sometimes they sadden me, and I may even feel strongly enough to get a bit weepy. Other times they inspire me. In poetry, in writing, in my life. And even though I no longer religiously check the PostSecret website like I once did 5 years ago, the fact that these books are on my shelf brings me some comfort. Comfort in sadness, maybe, but it's something. 0 of 0 people found the following review helpful. I cannot say enough good for these books. Letting thousands of people in on your own, very personal secrets, is something most people would never consider, but being able to read some of these is not only highly interesting, it's almost comforting. Being able to see that you're not the only person in the world with "deep, dark secrets" helps you realize just how much more alike we all really are. This book shows no color, background, socioeconomic standing, political preferences, etc, which I think, helps us all gather in a sort of unity. The reader is able to see that everyone has demons, no matter who they may be, or where they may come from. 3 of 3 people found the following review helpful. How do you Weigh a Secret? By That Umbrella Guy Post Secret is a great way to let people present their most trying tribulations in a way that is somewhat unique. It could even be argued that psychology, for all its cure-alls, doesn't take full advantage of newer technologies and places like Post Secret really show how much of a person can be wrapped up in an unexpressed sigh. When you think of stress being the #1 killer in the United States and the "unknown" pieces to that puzzle including ideas like secrets, it makes you wonder how much a simple idea really weighs. In that right, the idea isn't so simple anymore. In the Post Secret books, the author/web creator takes what he thinks are the most relevant pieces from the site and compiles them for everyone to see. It's a good effort, too, and one that deserves to be commended. The problem is that this book, unlike the first one, doesn't really have the scope or depth to present all the problems people experience. It is, in fact, more of a young adult reader, taking problems like not fitting in or not feeling pretty and pushing them ahead of problems like finding stamps and a letter in the attic and remembering how you should have written your grandmother before she died. That's not to say that the problems don't have something to say or an audience to address because they do. When reading them I found myself tearing up on some pages, wondering how terrible some of those experiences were. The thing is that the same problems keep occurring, not really giving you the full scope of what the sight accomplishes. While this isn't what I would call "a failing," I would consider it a blemish and perhaps something to remedy in the coming additions. For anyone that hasn't read a Post Secret book, they can really make you stop and think about the pain existing in the world. If you have a chance you should pick up the first book and then progress forward, actually bearing the weight of the confessions and seeing what people endure. As a bystander it is amazing to see what people need to say and, as someone who has added to the fray, it works as a remedy for many of the things that ail you. It comes recommended, albeit less than the first book, with a comment that says that you should really check out the website as well.

New York Times Bestseller Postsecret.com founder Frank Warren is back with a fresh and compelling companion to his wildly popular Los Angeles Times bestseller, PostSecret. For My Secret, a collectible, paper-over-board book that includes a page of vibrant, decorative stickers, Warren has personally selected never-before-seen anonymous postcards created by teens and college students from across the country. Each card bears an intimate and powerful secret that turns inspirational, shocking, hilarious, and poetic that is told through original illustrations, photographs, collages, and other creative means. Sample messages include: "I am avoiding you because you are socially below me." "I know the truth to the lie my parents tell..." "My friends think I was homeschooled. I spent high school in juvi." A unique and important book that will appeal to both young adults and their parents, My Secret offers a raw and revealing glimpse into the real lives of today's teens and twentysomethings. Choosing their own handmade postcards over email or text messages, teens and college students express their hopes, fears, and wildest confessions in a way that truly represents their diverse personalities and voices.

.com At the beginning of 2005, Frank Warren launched a new blog called PostSecret as an experiment in community art, inviting strangers to mail him anonymous postcards that made art out of their innermost secrets and then posting a selection of the cards every week on his blog. Within a year, his blog was one of the five most popular in the world, and his first book, PostSecret, was one of the surprise bestsellers of 2005. My Secret is his second book, a collection of cards from teens and college students--none of which has been shown on the website--that carries the same emotional power and creativity that have made Warren's project a phenomenon. We are featuring seven postcards from the book here: see two of them on this page, and click on the numbers below to see five more. Click on the numbers below to see five more postcards from My Secret [1] [2] [3] [4] [5] About the Author Frank Warren started PostSecret as a community art project where he invited total strangers to anonymously mail in their secrets on a homemade postcard. This simple act sparked a global phenomenon. Frank has received over 1 million secrets in his mailbox with more arriving every day but Sunday. PostSecret.com has won seven Webby Awards and is the most visited advertisement-free blog in the world. The postcards have been curated for five New York Times bestselling books and have been

exhibited at the Museum of Modern Art and the American Visionary Art Museum. Frank has traveled the world sharing secrets and stories from Australia to the White house. There is a PostSecret album, a PostSecret TED Talk and a PostSecret Play on tour. In 2011 Frank was awarded the HopeLine Lifetime Achievement Award for his work on suicide prevention and was invited to the White House to work on issues of mental wellness. Frank lives in Germantown, Maryland, with his wife and daughter.