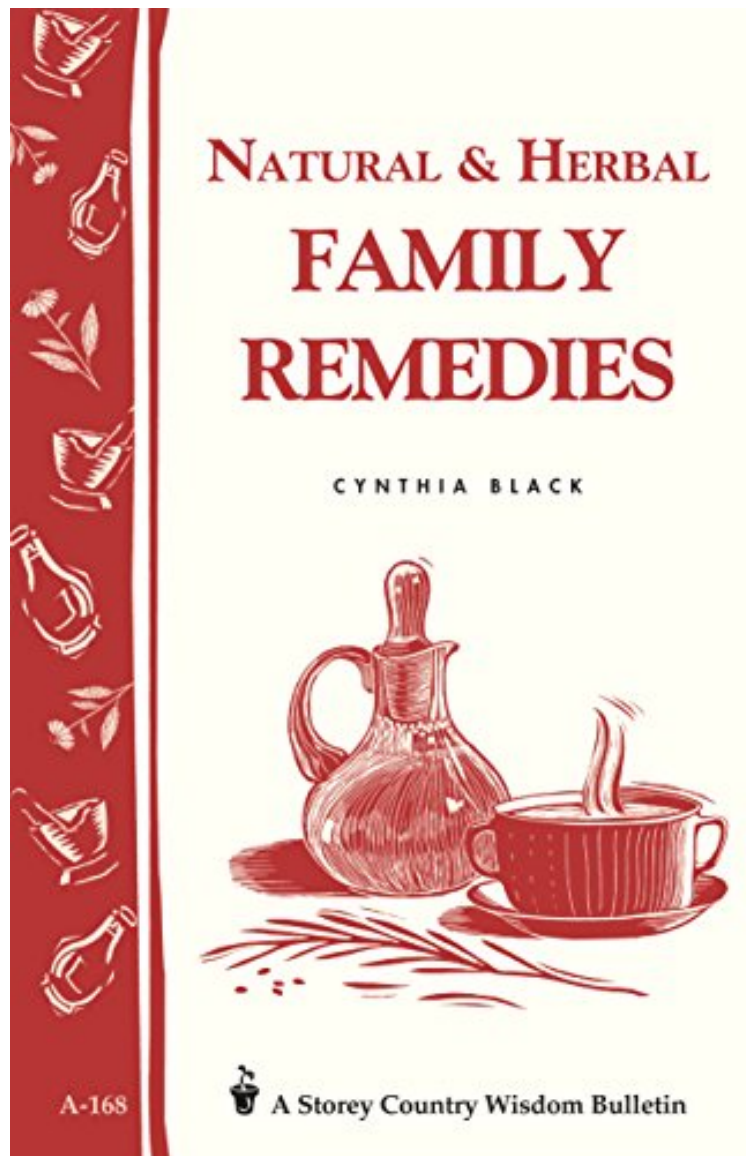


[E-BOOK] Natural Herbal Family Remedies: Storey's Country Wisdom Bulletin A-168 (Storey Publishing Bulletin, a-168)

Natural Herbal Family Remedies: Storey's Country Wisdom Bulletin A-168 (Storey Publishing Bulletin, a-168)

Cynthia Black

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Cynthia Black : Natural Herbal Family Remedies: Storey's Country Wisdom Bulletin A-168 (Storey Publishing Bulletin, a-168) before purchasing it in order to gauge whether or not it would be worth my time, and all praised Natural Herbal Family Remedies: Storey's Country Wisdom Bulletin A-168 (Storey Publishing Bulletin, a-168):

6 of 6 people found the following review helpful. This was a questionable and pedestrian effort. By Peter Faden Although you really shouldn't expect greatness out of these pamphlets due to their inherently short content, this one in particular falls kind of short. For the most part, this kind of pulls from dubious family practice. What I mean is this: while some of the remedies are actually quite well known, there is a point where you get the sense that the author has convinced herself of the remedies effectiveness over actual effectiveness. In essence, she has bought into her own hype, and considers any mixture she puts forth to be of use. An additional problem as I see it is that the author is pulling from only her experience, her mothers, and her grandmothers. I would expect a little more field work and referencing of somebody else's experiences. To me, the author seems to have lived a mostly insular existence with no real practical experience outside her farm and family. Perhaps I am wrong, but I do know that allergies and differences in physiology alter the effectiveness if not the outright safety of purported cures, which is not accounted for at all in this publication. While there are useful recipes in this book, you already know some, and the rest are questionably useful. For \$4, there is no reason not to give it a read and see if it works for you, but for me, it is sorely lacking. 0 of 0 people found the following review helpful. Two Stars By Pamela L. Doane Offers a review of some basic family tradition. 0 of 0 people found the following review helpful. Lovely By Victoria Prainito Lovely

Rediscover the Recipes Your Grandmother Once Used Natural and herbal healing is nothing new. For thousands of years people have relied on the gifts of nature to cure common ailments. Today, herbal remedies have become a popular alternative to conventional medicine and a way for families to address everyday woes themselves. In *Natural Herbal Family Remedies*, Cynthia Black shares the tried-and-true remedies that have been with her family for generations. To this day she uses these natural and herbal treatments to care for her family, pets, and home. You'll find recipes for treating the conditions common in every family, including diaper rash, cuts, bruises, stress, headaches, colds, and stomachaches, as well as natural beauty treatments for hair and skin care. Cynthia also provides recipes for nourishing foods, natural animal care, and herbal cleansers for the home. I

From the Back Cover Rediscover the Recipes Your Grandmother Once Used Natural and herbal healing is nothing new. For thousands of years people have relied on the gifts of nature to cure common ailments. Today, herbal remedies have become a popular alternative to conventional medicine and a way for families to address everyday woes themselves. In *Natural Herbal Family Remedies*, Cynthia Black shares the tried-and-true remedies that have been with her family for generations. To this day she uses these natural and herbal treatments to care for her family, pets, and home. You'll find recipes for treating the conditions common in every family, including diaper rash, cuts, bruises, stress, headaches, colds, and stomachaches, as well as natural beauty treatments for hair and skin care. Cynthia also provides recipes for nourishing foods, natural animal care, and herbal cleansers for the home.