

[Ebook free] Pants for Real People: Fit and Sew for Any Body (Sewing for Real People)

## Pants for Real People: Fit and Sew for Any Body (Sewing for Real People)

*Pati Palmer, Marta Alto*  
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**Pati Palmer, Marta Alto : Pants for Real People: Fit and Sew for Any Body (Sewing for Real People)** before purchasing it in order to gauge whether or not it would be worth my time, and all praised Pants for Real People: Fit and Sew for Any Body (Sewing for Real People):

2 of 2 people found the following review helpful. Useful Book By Letitia K. Wetterauer With this book I got the best fit I had been able to achieve in 30 years of trying to get good fitting pants. I discovered where my body diverged from modern patterns and commercial clothing design. It was a divergence that almost nothing is written about in books and articles on pattern adjustment. This was very helpful. Still I did not get the absolute perfect fit I wanted. Ultimately, the perfect fit came from drafting my own pattern, but this book provided me with very useful fitting tools and information that were invaluable in adjusting my drafted pattern to perfection. 43 of 43 people found the following

review helpful. Excellent ResourceBy jwThis book is one of a kind for showing real world pant-fitting issues and how to solve them. Palmer-Pletsch has been a trailblazer in writing for the home sewing market since its earliest days. Many, actually, most sewing and fitting books merely collect old info and display it well. Instead, Palmer-Pletsch has collected data and new fitting solutions to very difficult derriere problems (and most others) from their years of hands-on experience running a sewing school and present it in excellent photos and illustrations in a thorough manner. My husband was rather surprised by some of the "models", but that is just the point: these are real-world, applied solutions to real people!In my mind, the only negative to the Palmer-Pletsch method is that they believe in tissue-fitting without doing any previous flat pattern work to get the pattern "into the ball park". This may very well be only an issue for me, personally, as I have always worked that way. Their method is to place the unaltered pattern on the figure and to systematically analyze each wrinkle and alter the pattern until all grainlines are straight, all wrinkles are gone and all major seams hang in the right place. Another excellent feature of this book is a comprehensive set of design alterations for customizing your pant pattern once it fits you: different waistband, pocket, and hem treatments, darted and pleated styles, etc. The only other reference book that one might purchase for pant fitting and sewing is the 1989 Singer Sewing Reference Library's "Sewing Pants that Fit". This is also an excellent resource with terrific photo illustrations. It has a very good and comprehensive fitting section, although I would go with the Palmer-Pletsch guide if there is any discrepancy in fitting advice, particularly on fitting the crotch. The Singer book is particularly good for construction and offers photo illustrations on construction, which I found helpful. The Palmer-Pletsch book offers photos for all fitting problems and drawn illustrations for construction. Together, these two books should do it!74 of 75 people found the following review helpful. Want pants that fit? Buy this bookBy GrandmaBlondieThis is my fourth fitting book and the ONLY one that helped me achieve a good fit in a pair of home-sewn pants. I can't tell you how many fitting shells I have attempted to make - including the "custom designed" one from DRESS SHOP software. All I got for all my study and work was frustration and a lot of ugly, unwearable pants. Now I've got what I need to make pants that fit. I got them right the first time around! WOW! No matter what your shape, you can make pants that fit nicely and flatter your unique figure. I highly recommend this book.

This pattern book features step-by-step instructions on fitting and sewing pants for women of all different body types using the twin techniques of tissue- and fabric-fitting. Important sewing choices are highlighted, including choosing fabrics, selecting appropriate alteration tools, and finding styles that are most flattering. The fit-as-you-sew process of making pants is illustrated with progressive photographs of fitting pants for nine women of different size and shapes. Covered are a variety of styles including non-roll and expandable waistbands; centered, lapped, and invisible zippers; faced and contour waistlines; and cargo, double welt, and simple side seam pockets.

About the AuthorPati Palmer has designed more than 100 patterns for McCall Pattern Company and has had patterns featured in Family Circle, Vogue, and Australian Stitches. She is the author of Fit for Real People, Mother Pletsch's Painless Sewing, and Sewing with Sergers. Marta Alto is the coauthor of The Serger Idea Book, Fit for Real People, and Sewing Ultrasuede. They both live in Portland, Oregon.