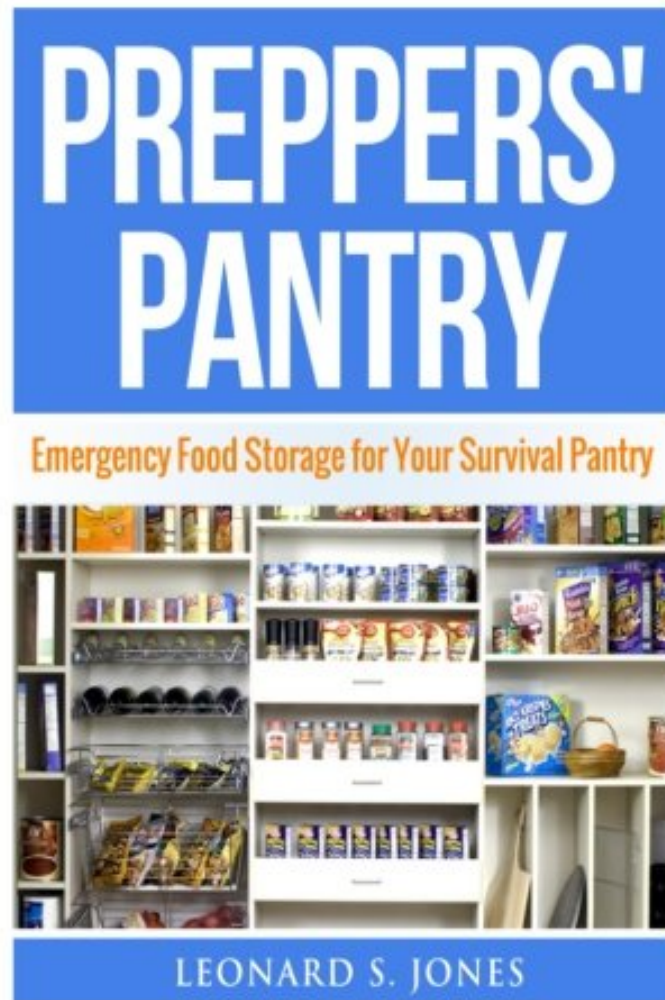


[Read free] Preppers' Pantry: Emergency Food Storage for Your Survival Pantry (Volume 1)

Preppers' Pantry: Emergency Food Storage for Your Survival Pantry (Volume 1)

Leonard S. Jones

*DOC | *audiobook | ebooks | Download PDF | ePub*



DOWNLOAD



READ ONLINE

#2569950 in Books 2016-01-23Original language:EnglishPDF # 1 9.00 x .13 x 6.00l, .19 #File Name: 152365978554 pages | File size: 35.Mb

Leonard S. Jones : Preppers' Pantry: Emergency Food Storage for Your Survival Pantry (Volume 1) before purchasing it in order to gage whether or not it would be worth my time, and all praised Preppers' Pantry: Emergency Food Storage for Your Survival Pantry (Volume 1):

1 of 1 people found the following review helpful. Good ideas... New and worth repeatingBy golden1968Some real good thoughts and ideas in this book. Especially the need for the simple things- spices, coffee, etc. Easy read and

perfect addition to any peppers library. 1 of 1 people found the following review helpful. Five StarsBy Alice GemusVery helpful and informative1 of 1 people found the following review helpful. Some very good thoughts on creating a survival pantryBy horrorgirlonnaThis is a companion piece to Leonard S. Jones; Self-Reliance Skill book. Nobody thinks a catastrophe will hit, but its good to be prepared rather than sorry. Simply keeping a properly stocked pantry can get you through storms or floods or worse, if needed. This year, we experienced severe flooding in my area, but theres always the possibility of hurricanes between June and November, and tornadoes all year round, nearly. Jones book details some of the more forgotten aspects of stocking a preppers pantry. We all assume that canned foods and some dried beans and pastas are enough, but those necessities are just the tip of the iceberg. Here, youll learn which foods to keep on hand, and why you should keep them. For example, calcium-rich foods like dark, leafy greens and canned milk is good for maintaining bone health, in the event you arent able to get to other foods. Magnesium-rich foods help brain function. I could go on, but I suggest you download this book. Its well worth the price and a steal on Kindle Unlimited.

Yes - You Really Can Survive and Thrive in a Catastrophe! Do you want to be ready for anything? Are you worried about your family? Do you need the right instruction and advice to help you start an emergency food reserve? Preppers' Pantry: Emergency Food Storage for Your Survival Pantry helps you understand which foods you need to keep with your emergency supplies. It will guide you through the process of starting a "prepper's pantry" and creating your own emergency food. You'll discover the hidden dangers of emergency food supplies, and learn to avoid foods that don't keep well enough over long periods of time. Unlike other methods, Preppers' Pantry: Emergency Food Storage for Your Survival Pantry gives you the detailed information you need to make sure your food supplies are ready for you when you need them! Click the BUY button and download Preppers' Pantry: Emergency Food Storage for Your Survival Pantry TODAY!